

## SESSION 1 IMPACT IS TRICKY

In this first session, we'll explore what it really means to make an impact through our leadership. Together, we'll reflect on how our lives influence others and consider what it could look like to start a journey toward becoming a leader of impact.

## **KEY POINTS**

- Definition: Impact is influence that inspires perpetual positive behavior.
- True impact resonates over time and transforms lives.
- We'll reflect on individuals who have significantly influenced us, highlighting the traits and actions that made these influences profound.
- Everyone has the potential to influence others positively.
- This session encourages us to identify the individuals closest to us for impact and explore ways to enhance these relationships.
- Leaders are reminded that their influence can inspire and uplift those around them, contributing to a broader culture of impact.

## **DISCUSSION QUESTIONS**

- 1. Who is someone who's had a lasting, positive impact on your life? What did they do or say that made the biggest difference for you?
- 2. If the people closest to you were asked how you've impacted them, what do you think they would say and why?
- 3. What is the cost of making an impact in the lives of others? Is it worth it?
- 4. Name three people you have influence with right now. What's one intentional step you could take this week to help them grow?
- 5. Start a list of people in your life who might be impacted by your life and leadership. As you think of these names, what do you notice about the kinds of people you're drawn to or placed near?

